

Sclerotherapy Patient Instructions

1. Your compression stocking goes on immediately following the procedure. Please keep it on overnight.
2. You may remove the stocking in the morning. It is ok to shower and use any lotions or creams on your legs.
3. Do not sunbathe for 5 days.
4. No exercise restrictions, you may resume your normal activity level the day of your injections.
5. Each touch up session should be scheduled no less than 2 weeks from your prior injection.

Please call the office at 732-741-0970 with any questions.